

Folic Acid Surveillance Surveys

Nebraska (Updated 10/2012)

Criteria	Comments
Title of the state or local Folic Acid Survey	Nebraska PRAMS
Geographic area covered	State of Nebraska
Contact information at BDR	
Name of person:	Brenda Coufal, Nebraska PRAMS Coordinator
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Survey sample size:	Approximately 10% of Nebraska births annually (ranging from 2,351-2,890 annually for birth years 2000-2011)
General description of survey or dataset (target population, frequency of administration, years covered, data collection methods, reason for data collection)	<p>NE PRAMS, the Nebraska Pregnancy Risk Assessment Monitoring System, is an on-going monthly survey of new mothers from across the state. In collaboration with the Centers for Disease Control & Prevention (CDC), NE PRAMS is designed to identify and monitor selected maternal behaviors and experiences before, during, and after pregnancy. The goal of PRAMS is to reduce infant morbidity and mortality, particularly by influencing the health care systems and maternal behaviors that affect health during and immediately after pregnancy. Each month, a stratified sample is randomly selected from recent birth certificates of women who have given a live birth. Between two and four months after the baby's birth, an introductory letter is mailed to each woman in the sample. The actual PRAMS questionnaire is mailed a few days later. A second and then third questionnaire package is mailed to those who do not respond. PRAMS staff telephone those mothers who have not responded to the mailings.</p> <p>Responses are collected in a database and weighted to be representative of all women giving birth in Nebraska. Nebraska PRAMS currently have weighted data for 2000-2010 birth years. 2011 data will be weighted and available during the first quarter of 2013.</p>
Cost of survey	<p>Federally Funded</p> <p>(From 2000-2011 there have been three different phases of the survey where some of the questions have changed slightly. Over this time Nebraska PRAMS has only asked one folic acid question out of :</p> <ul style="list-style-type: none"> - 82 total questions for Phase 4 - 83 total questions for Phase 5 - 84 total questions for Phase 6 - We are starting Phase 7 survey with 2012 data collection (89 total questions)
Questions included in the survey (most current, changes over time, state specific changes)	<ul style="list-style-type: none"> - Phase 4 survey (2000-2003 births) <p>In the month before you got pregnant with your new baby, how many times a week did you take a multivitamin (a pill that contains many different vitamins and minerals)?</p> <p>À I didn't take a multivitamin at all À 1 to 3 times a week</p> <p>À 4 to 6 times a week</p> <p>À Every day of the week</p> <ul style="list-style-type: none"> - Phase 5 survey (2004-2008 births) <p>During the month before you got pregnant with your new baby, how many times a week did you take a multivitamin or a prenatal vitamin? These are pills that contain many different vitamins and minerals.</p> <p>À I didn't take a multivitamin or a prenatal vitamin at all À 1 to 3 times a week</p> <p>À 4 to 6 times a week</p> <p>À Every day of the week</p> <ul style="list-style-type: none"> - Phase 6 survey (2009-2011 births) <p>During the month before you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?</p> <p>À I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin at all À 1 to 3 times a week</p> <p>À 4 to 6 times a week</p> <p>À Every day of the week</p> <ul style="list-style-type: none"> - Phase 7 survey (2012-?) <p>During the month before you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?</p> <p>À I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin in the month before I got pregnant</p> <p>À 1 to 3 times a week À 4 to 6 times a week</p> <p>À Every day of the week</p>
Uses of data	State and county health departments; community organizations; universities; and medical and WIC clinics use the data for education; writing grants and reports; program planning and evaluations; and presentations
Results/Summary (may including links to reports or published articles)	<ul style="list-style-type: none"> - MULTIVITAMIN BEFORE PREGNANCY 2000-2003 trend results can be found on pages 25 & 26 in the Nebraska PRAMS 2000-2003 Trend Report found on our website that is listed under #10 on this form. - The data to the multivitamin question for 2000-2008 for Nebraska and other PRAMS states can be found at www.cdc.gov/prams/CPONDER.htm
Web site address (if available)	www.dhhs.ne.gov/prams
Comments (limitations, lessons learned)	- PRAMS data are self-reported and susceptible to recall and social desirability biases.

