


## Folic Acid Surveillance Surveys

Delaware (Updated 10/2012)

Criteria	Comments
Title of the state or local Folic Acid Survey	PRAMS - Pregnancy Risk Assessment Monitoring System
Geographic area covered	Statewide
Contact information at BDR	
Name of person:	George Yocher
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Survey sample size:	Approximately 1500 women per year
General description of survey or dataset (target population, frequency of administration, years covered, data collection methods, reason for data collection)	PRAMS is a project overseen by the Centers for Disease Control. Operations occur at the state level. The PRAMS survey is sent to a random selection of women who have recently given birth - two to four months postpartum. The survey runs for a calendar year with operations monthly. Delaware has data starting in 2007; other states have more years. Survey is mailed to women randomly selected from those having a recent birth. Reponse rates are around 70%. In Delaware the reason for the survey is to gain insight into factors affecting low birth weight and/or infant mortality. More information is available through the CDC.
Cost of survey	Approximately \$190K per year for staff and materials.
Questions included in the survey (most current, changes over time, state specific changes)	<p>The survey question: During the month before you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?</p> <p>I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin before I got pregnant 1 to 3 times a week 4 to 6 times a week Every day of the week</p> <p>The wording has changed slightly over the years, though answer selection has not. Overall survey length is 70 to 80 questions depending on the state.</p>
Uses of data	State program development or evaluation. Centers for Disease Control may use it for national programs or policy development.
Results/Summary (may including links to reports or published articles)	Results are available through the CDC PRAMS web site, or individual states.
Web site address (if available)	PRAMS information and data - <a href="http://www.cdc.gov/PRAMS/index.htm">http://www.cdc.gov/PRAMS/index.htm</a>
Comments (limitations, lessons learned)	Need to assume all multivitamins contain at least 400 units of folic acid. The survey only covers women who recently had a live birth, not all women.