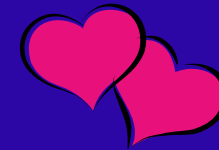


National Birth Defects Prevention Network (NBPDN)/NBDPS Annual
Meeting
Feb. 26-29. 2012 Arlington, VA

Chromosome Syndromes associated with Congenital Heart Defects



Angela E. Lin, MD, FAAP, FACMG
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Medical Genetics, MassGeneral Hospital for Children
MA Dept. Public Health, MA Center for Birth Defects Research & Prevention

THE HEART AS DYSMORPHIC FEATURE

Fetus or child with multiple congenital anomalies

Face: Eyes, shape, nose, mouth → **Facies?**

Body parts: Proportion, number and size → **Habitus?**

CHD (common or distinctive) → **Cardiac phenotype?**

Distinctive face, body, heart, other malformations,
voice, behavior, growth → **Syndrome**

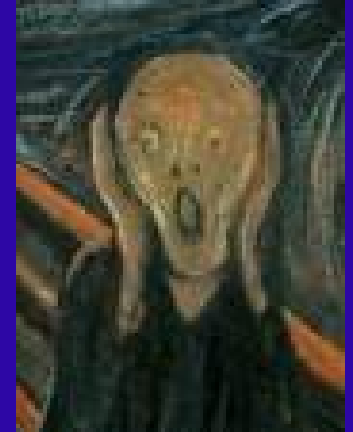
CHDs: INDIVIDUALS vs. FAMILIES

ASD VSD PDA HLHS AVC DORV COA TGA TA TA MA PA AA IAA

vs.

“EARLY” Development

1. Laterality defects, situs, heterotaxy
Looping, complex single ventricle
2. Conotruncal, aortic arch
3. Atrioventricular canal
4. Some VSDs (conoventricular), ASDs (primum type)



“LATER”

5. Right and left heart obstruction, Ebstein
5. Most VSDs, ASDs
6. Anomalous pulmonary venous return

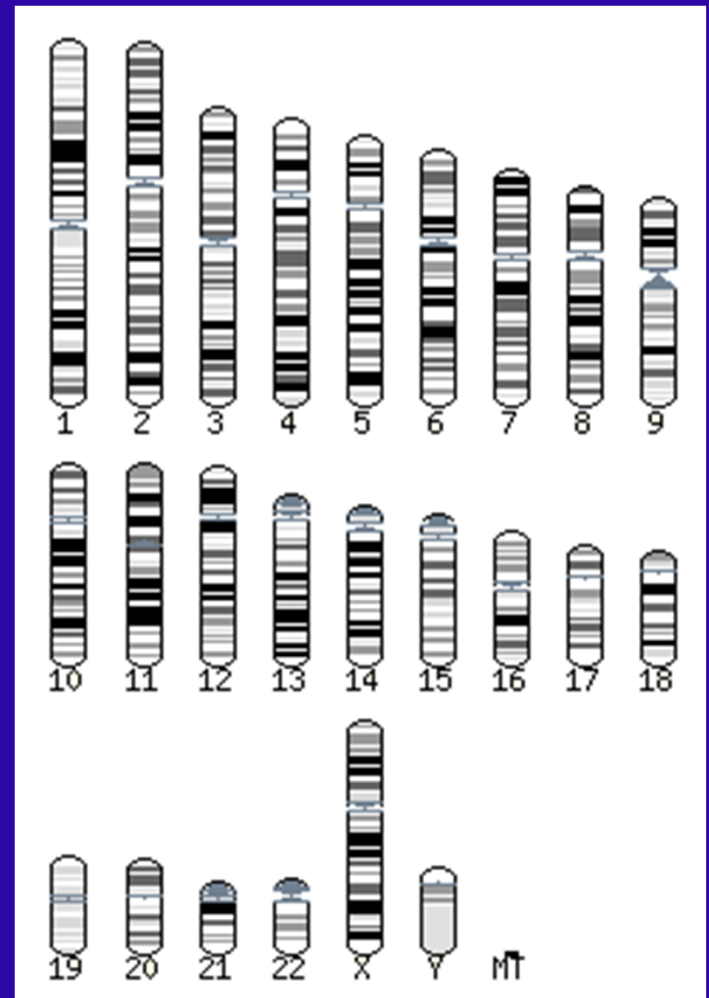
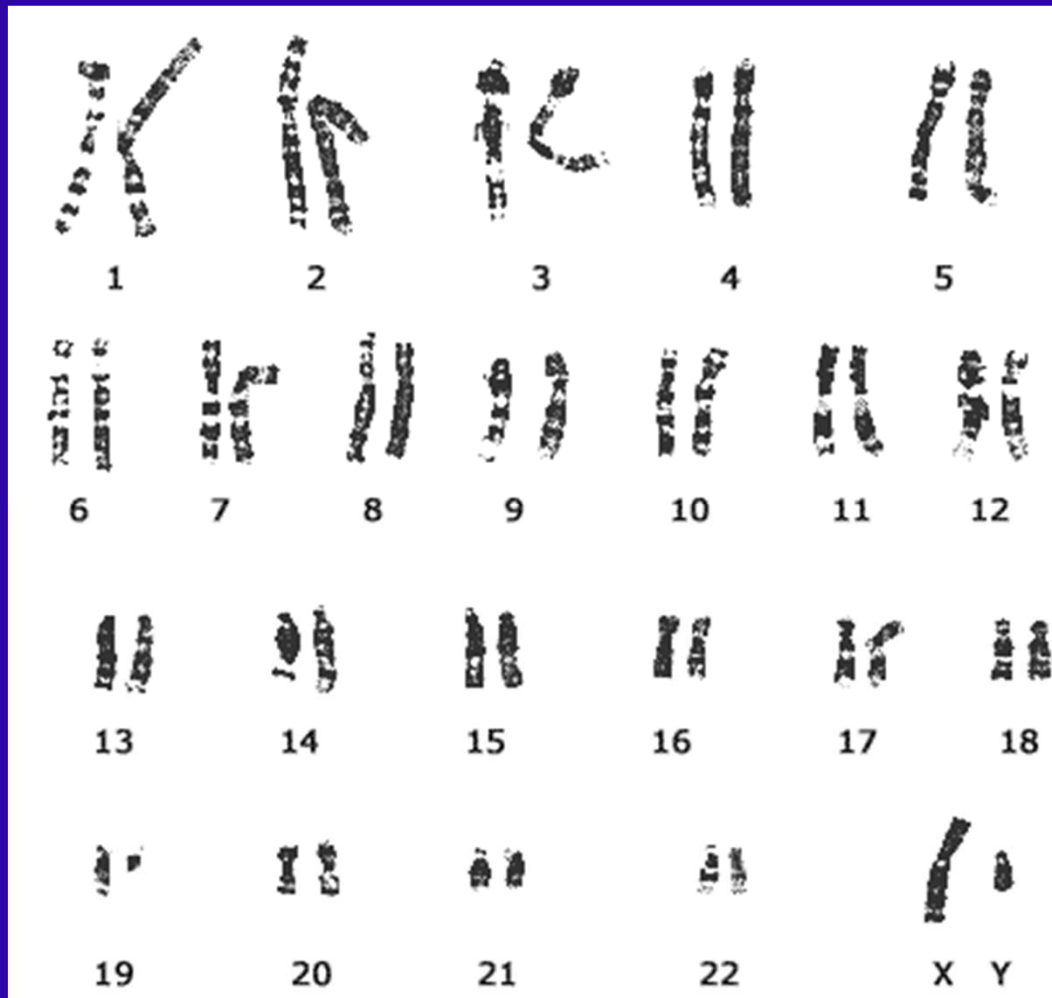
OBJECTIVES FOR TALK

- Trade-off: **Scope** over detail
(a little about many, rather than a lot about a few)
- Learn **common** syndromes, or **distinctive** ones
- Learn associated CHDs, when possible, **patterns** and CHD “**families**”
- Focus on **phenotype (appearance)** rather than performance, growth, development, associated diseases
- Focus on one or two “take home” message for each

COMMON ABBREVIATIONS

ASD	atrial septal defect
AVC	atrioventricular canal
AVSD	atrioventricular septal defect
BAV	bicuspid aortic valve
CHD	congenital heart defect
COA	coarctation
DORV	double outlet right ventricle
HLHS	hypoplastic left heart syndrome
IAA,B	interrupted aortic arch, type B
LVOTO	left ventricular outflow tract obstruction
PA	pulmonary atresia
PDA	patent ductus arteriosus
PS	pulmonary stenosis
RVOTO	right ventricular outflow tract obstruction
SI	situs inversus
SV	single ventricle
TA	truncus arteriosus
TOF	tetralogy of Fallot
TGA	transposition of great arteries
VSD	ventricular septal defect

CHROMOSOME ANALYSIS



DOWN SYNDROME: Review

Trisomy 21

Translocation 21

Mosaicism

Microbrachycephaly

Sparse hair

Facial:

Small eyes

Uplanted eyes

Small nose

Small mouth

Large tongue

Excess nuchal skin/edema

GI anomalies

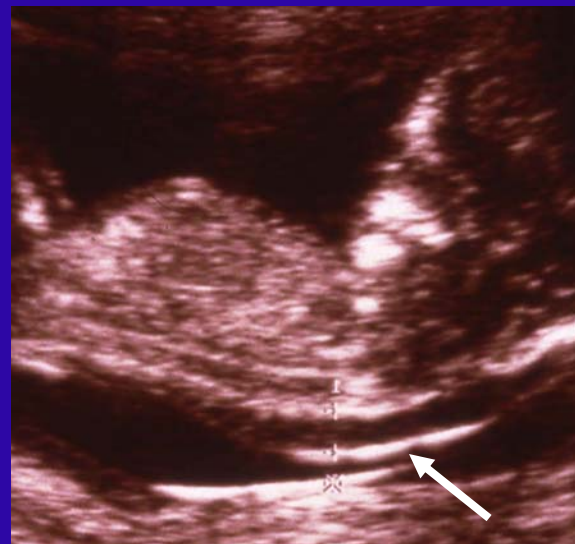
Hematologic anomalies

Skeletal:

5th finger clinodactyly

Joint laxity

C1-C2 instability



DOWN SYNDROME: Cardiac

All types: 40%

AV Canal "family"

40%

Complete AVC

Primum-type ASD

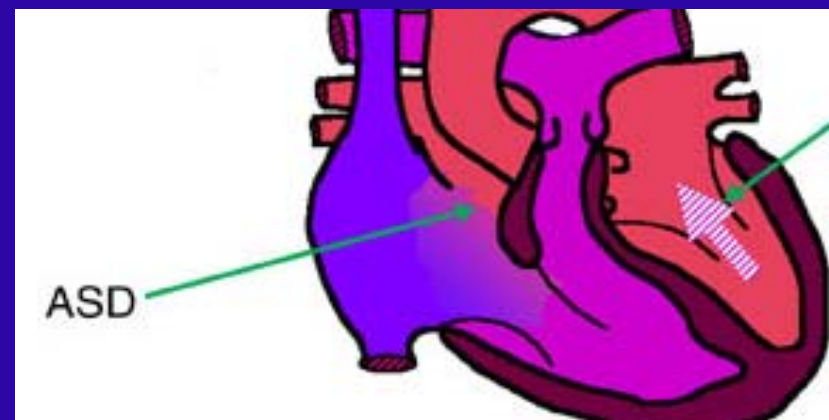
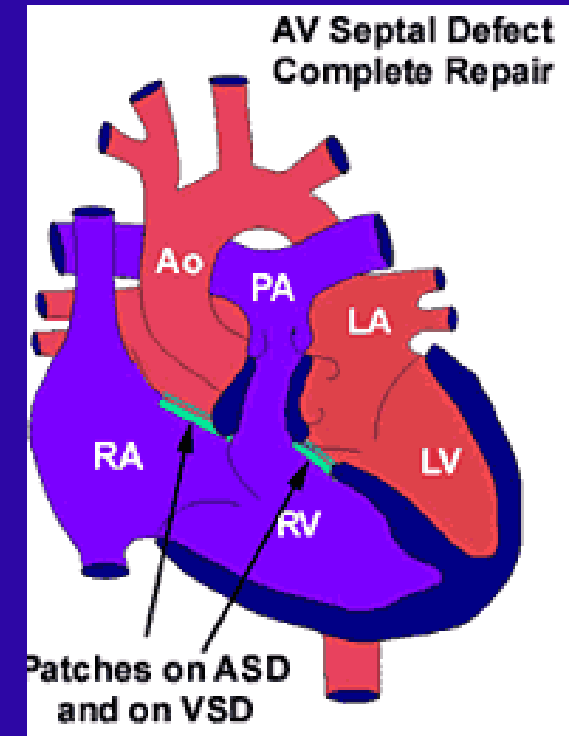
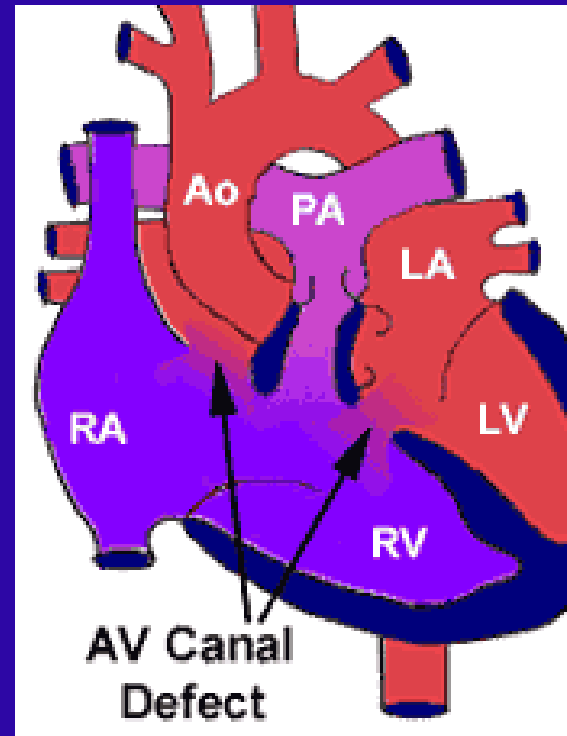
VSD, all types

ASD, secundum type

Patent ductus arteriosus

Tetralogy of Fallot

ECG Superior axis,
counterclockwise loop



WHAT'S NEW: DOWN SYNDROME

CHD surgery
outcomes

BACKGROUND:

Many prior studies with conflicting results about DS as a risk factor for poor outcome.

LB prevalence has increased by 1/3 in 2 decades

(Shin M, CDC et al., Pediatrics, 2009)

Methods:

National STS CHD Database

4350 DS patients (~41,000 non-DS).

Results:

No difference in mortality.

More complications

Length of stay increased ASD, VSD, TOF (not AV canal)

Limitations:

Society for Thoracic Surgery is a voluntary DB (includes CHB).

(Fudge JC, et al., Pediatrics, 2011)

TRISOMY 18: Overall

Trisomy 18
Rarely translocation

SGA, IUGR

Craniofacial

Microcephaly

Prominent occiput

Small features

“Normal”

Overlapping fingers

Short sternum

CNS (posterior fossa)

Renal anomalies

GU anomalies

Rocker bottom feet



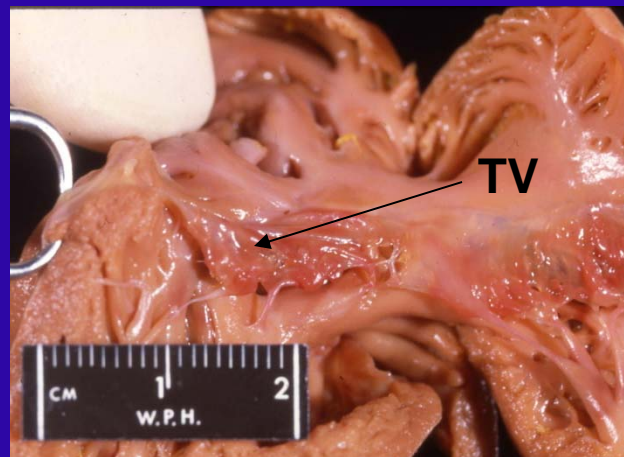
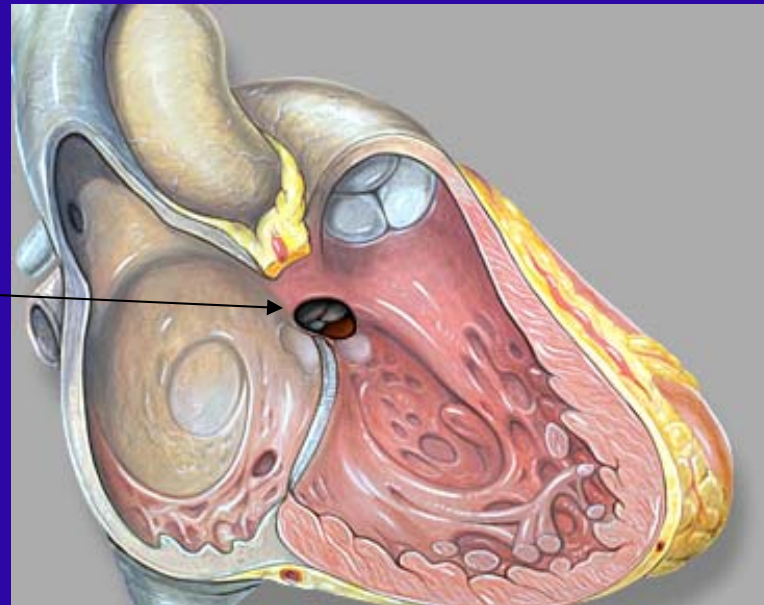
TRISOMY 18: Cardiac

All types: 95%

Conotruncal
VSD, conoventricular
TOF
DORV

Complete AV canal

95% Polyvalvar dysplasia
Nodular, thick valves
Bicuspid aortic valve



TRISOMY 13: Overall

Craniofacial

Cleft lip/palate

Microphthalmia/
anophthalmia

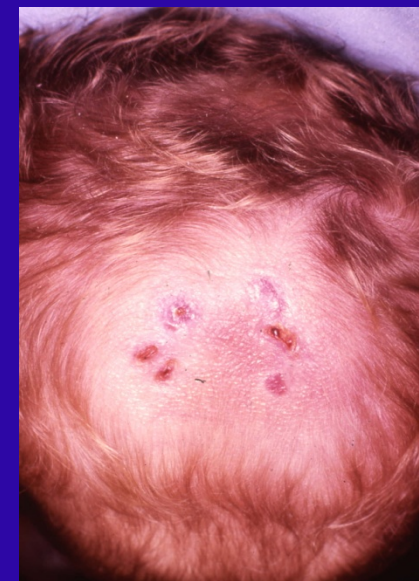
Scalp cutis aplasia

Postaxial polydactyly

Renal/GU anomalies

CNS anomalies:

Holoprosencephaly



TRISOMY 13: Cardiac

All types: 50-80%

Conotruncal

DORV

TOF

Common AV canal

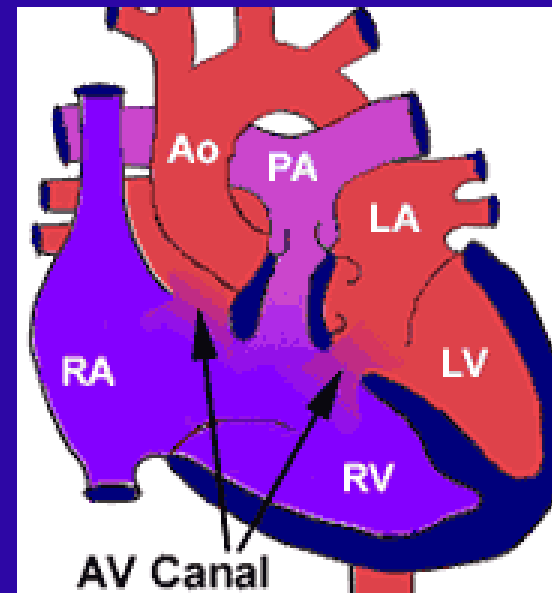
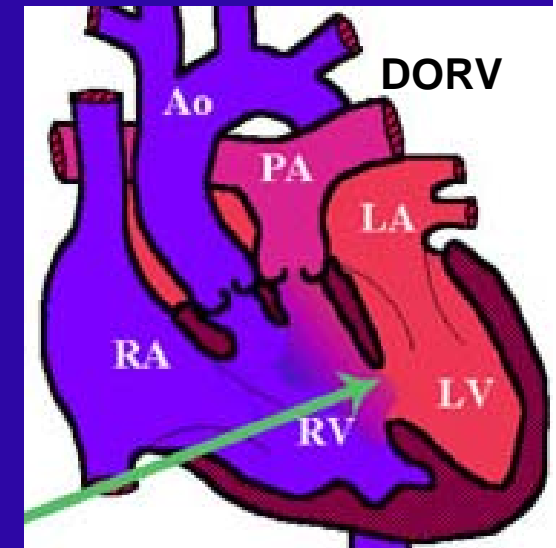
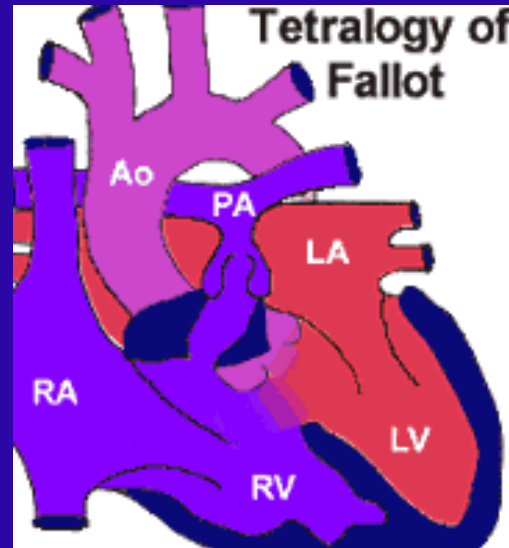
ASD

VSD

PDA

Polyvalvar dysplasia: 60%

Less common
compared to
Trisomy 18

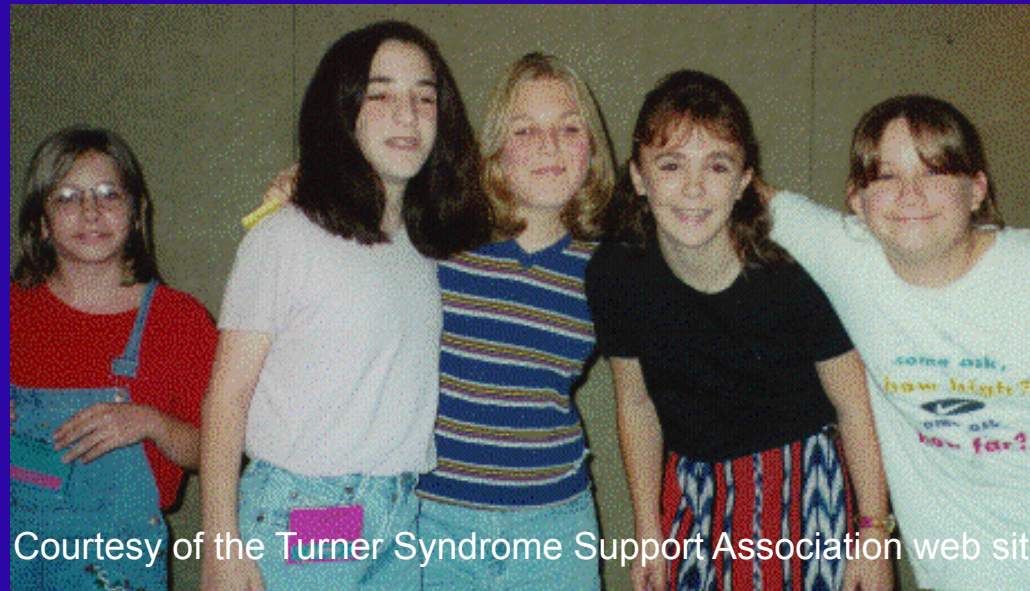


WHAT'S NEW: TRISOMY 13 TRISOMY 18

Intensive treatment		<p>Increased survival to 1 year: 25% vs 5%. Only 2/24 survived to age 2 years.</p> <p><i>(Kosho T et al., 2006, 2008 AJMG)</i></p>
Impact of cardiac surgery	<p>23 pts, 6 (23%) operations, survival increases (smaller #, milder defects).</p> <p><i>(Maeda et al., 2011 AJMG)</i></p>	<p>34 pts, 9 (34%) operations <i>(Muneuchi et al., 2010, Cardiol Young)</i></p> <p>134 pts, 32 (25%) operations: Cardiac surgery increases survival Mosaicism contributes 25% alive at age 1</p> <p><i>(Maeda et al., 2011, AJMG)</i></p>
Trend in prevalence	<p>Texas, population-based surveillance, 1999-2003. Trisomy 18: Prevalence ~1/10,000 LBs, 1 year survival 3% Trisomy 13: Prevalence ~0.8/10,000, 1 year survival 3% No ethnic difference.</p> <p><i>(Vendola et al., 2010, AJMG)</i></p>	

TURNER SYNDROME: Overall

No single phenotype
Varies with age:
Hydropic fetus (sab)
Infant with CHD
Girl with short stature
Girl with coarctation
Teen with delayed
puberty
Woman with infertility
Someone you know
with short stature
Malformed pinnae
100% short stature
Most infertile
Renal: horseshoe kidney
Neck webbing, edema
Skin: nevi, keloids



Courtesy of the Turner Syndrome Support Association web site

TURNER SYNDROME: Cardiac

All types: 25%

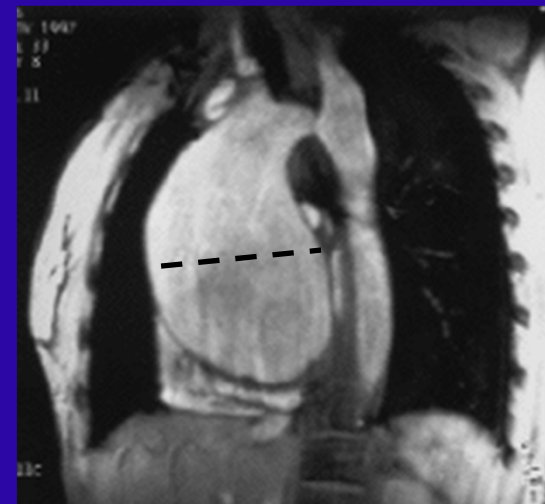
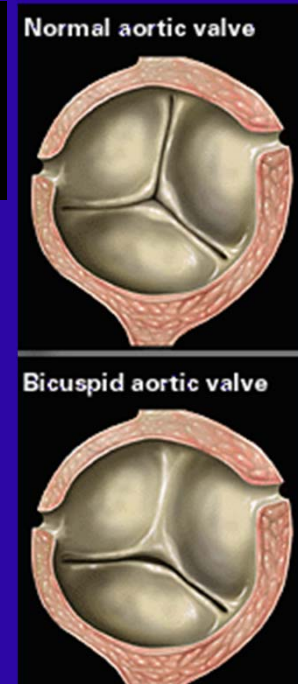
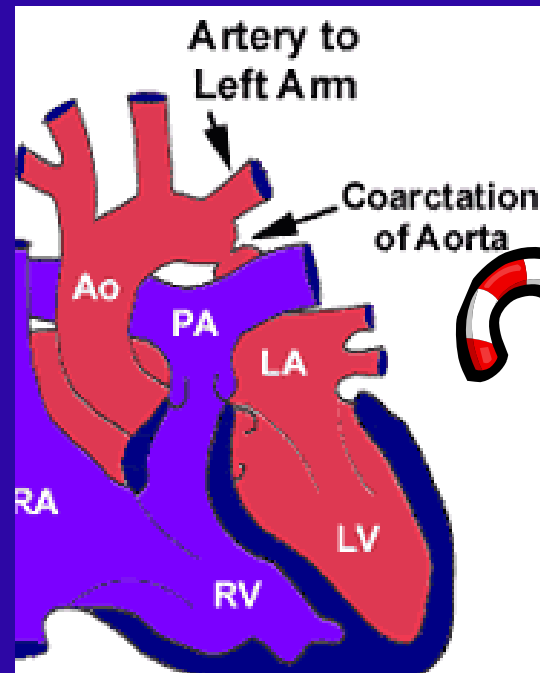
Left-sided obstruction
“LVOTO”

Bicuspid aortic valve
Coarctation
Aortic stenosis
MV anomalies
HLHS

Partial APVR
ASD2, VSD

Aortic dilation, dissection

Hypertension
ECG abnormalities



WHAT'S NEW: TURNER SYNDROME

Reproduction:
Assisted
reproductive
technology (ART)

- 1) Risk factors for aortic dissection: BAV, COA, HTN
5-10% have no risk factor (pregnancy itself?)
- 2) Spontaneous puberty ~10%; pregnancies 2-5%

(Hadnott and Bondy, Exp Rev Obstet Gynecol, 2011)

145 pregnancies in 76 women

Overall risk for major pregnancy complications ~10%

Risk for maternal death ~3.5%

Method of conception: ~17% ART (after 1989)

More risk with ART (9/24, ~38%, vs. 6/102, ~6% spontaneous)

Karyotype: 45,X more common

Underlying CV abn: 100% (7/7), BAV, PIH, COA, aortic dilation.

Counseling

- 1) Speak of “being a mother” rather than “having a baby”.
Begin early, include adoption as an option.
- 2) Ineligible: BAV, COA, aortic stenosis, with/without surgery
Pre-existing aortic dilation, hypertension
Serious medical condition,
- 3) More conservative: View TS as having vasculopathy

DELETION 1p36 SYNDROME: Overall

Straight eyebrows
Small, open mouth

All cardiac: 80%

CHDs 70%
Including Ebstein
Noncompaction LV 20%
Dilated cardiomyopathy 4%

(abnormality of
trabecularion)



DELETION 4p SYNDROME: Overall

Wolf-Hirschorn syndrome

Craniofacial

“Greek war helmet”

Prominent glabella

Hypertelorism

Downcurved mouth

Abnormal ears

Cleft lip/palate

GU anomalies



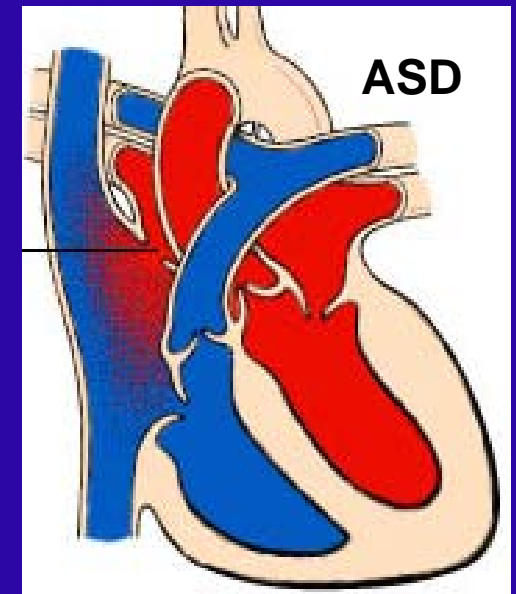
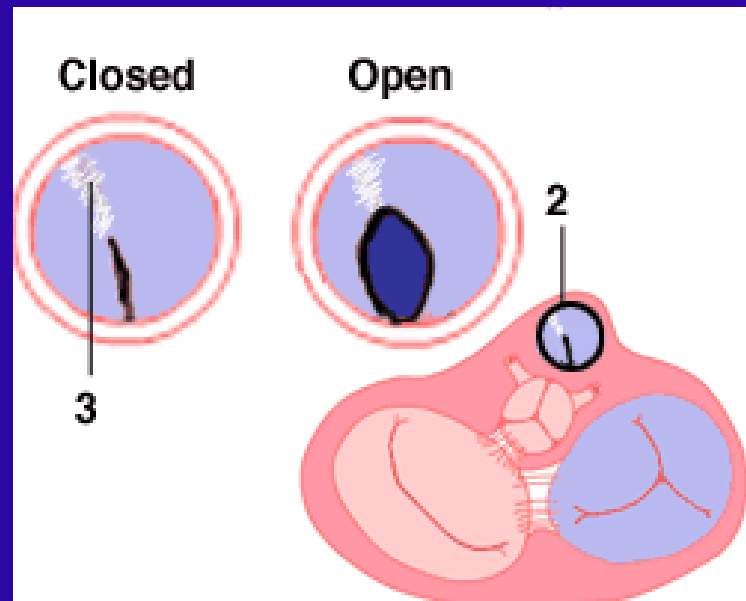
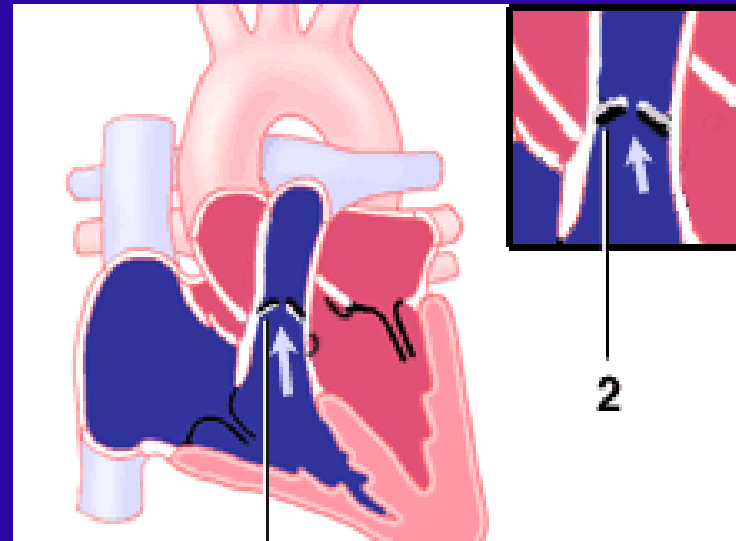
DELETION 4p SYNDROME: Cardiac

All types: 40%

Most common:
Pulmonic stenosis

ASD

VSD



DEL 7p/ WILLIAMS SYNDROME: Overall

Craniofacial

- Stellate irides
- Eyebrow flare
- Periorbital fullness
- Wide mouth, full lips

Laxity, then contractures

Distinctive personality

- Irritable infancy
- Personable
- Talkative
- Anxious

Hyperacusis

Hoarse voice

Abnormal calcium levels



DEL 7p / WILLIAMS SYNDROME: Cardiac

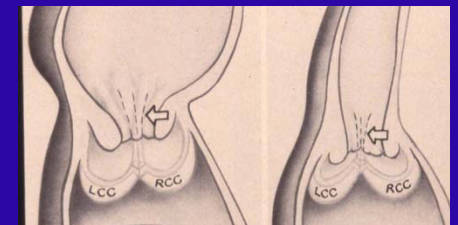
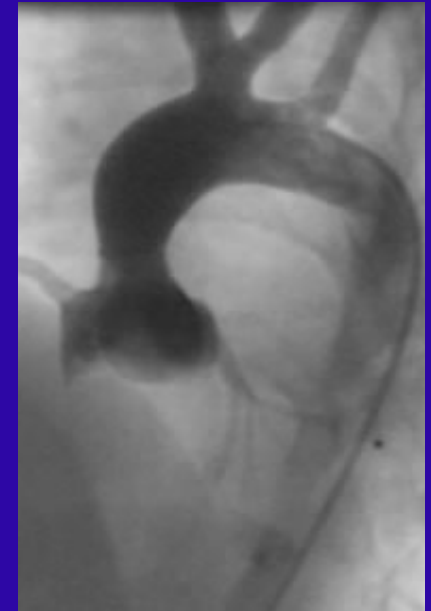
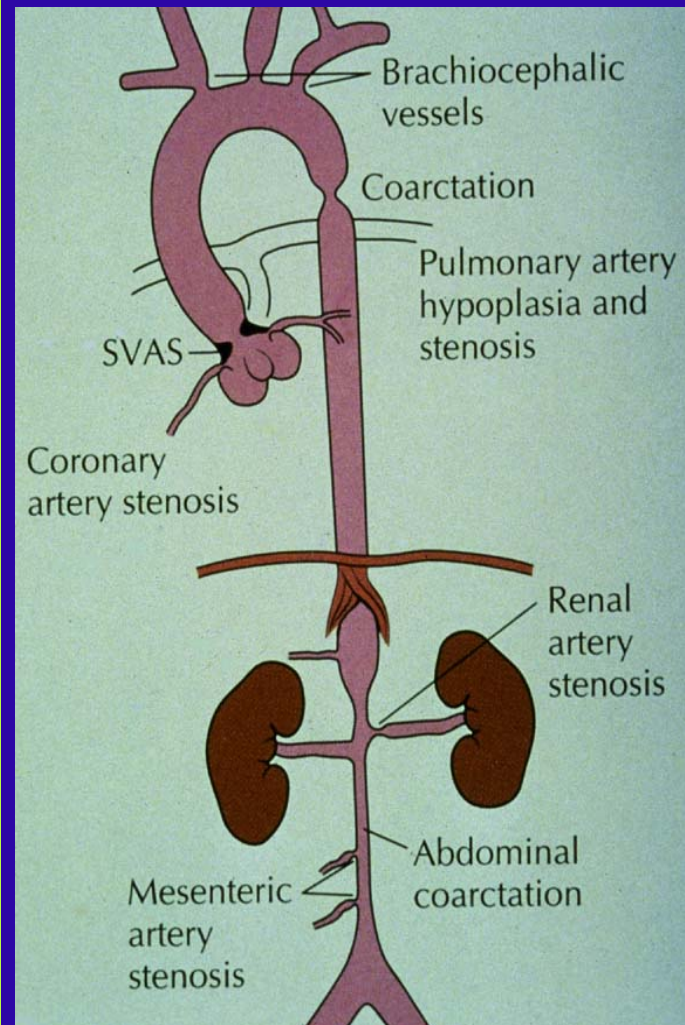
All types: 75%

Left and right heart
Obstruction:

Supravalvular Ao stenosis
+/- Ao Valve stenosis
Coarctation
Aorta hypoplasia

PV stenosis
Peripheral pulmonic
stenosis

ASD, VSD
Renal artery stenosis
Coronary artery stenosis



Courtesy of Drs. Leslie Smoot and Ron Lacro, CH, Boston

DELETION 22q11 SPECTRUM: Overall

DiGeorge syndrome
Velo-cardio-facial
(VCFS)
CATCH-22

Craniofacial

Narrow palpebral
fissures

Cleft palate

Straight nose

Wide nasal root

Small mouth

Thin lips

Absent thymus

Hypocalcemia

Speech problems

Psychiatric disorders



DELETION 22q11 SPECTRUM: Cardiac

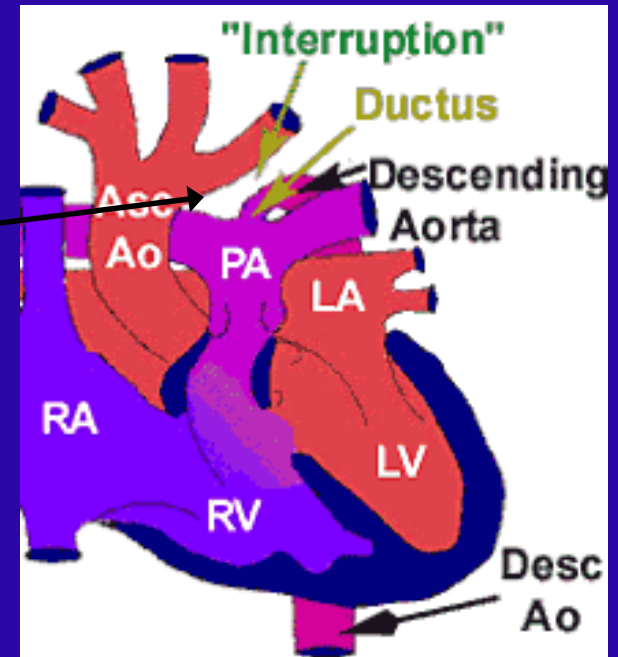
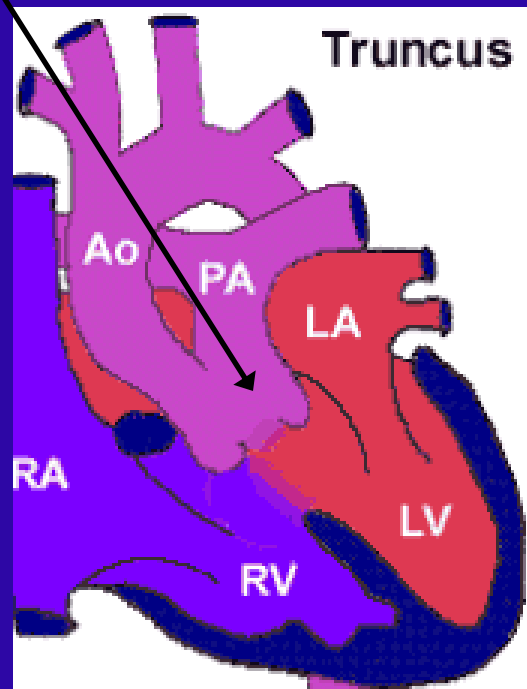
All types: 75-85%

Striking
Conotruncal

IAA, type B
Truncus arteriosus
TOF
TOF with pulmonary
atresia
VSD, malalignment
DORV

Aortic arch anomaly
Aberrant subclavian

VSD, membranous
VSD, muscular



TETRASOMY 22p/ CAT-EYE SYNDROME

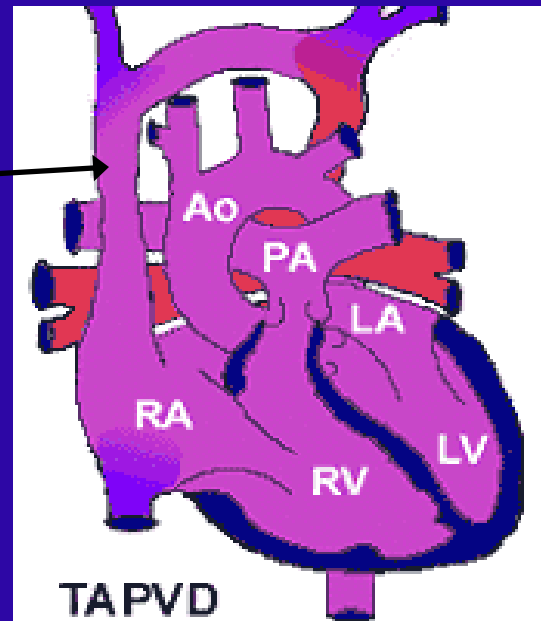
Iris coloboma
Pre-auricular pit/tag
Rectal anomalies
GU anomalies



CHD, all types: 50%

TAPVR
PAPVR

Assorted VSD



ACKNOWLEDGEMENTS FOR DIAGRAMS

Google the hospital, search for pediatric cardiology site:

Children's Hospital of Boston, MA

Children's Hospital of Philadelphia, PA

Cincinnati Children's Hospital, OH

Melbourne Children's Hospital, Australia

Nemours / A.I. Du Pont Children's Hospital, DE

Mayo Clinic, MN

Yale Medical School, CT

<http://www.rch.org.au/cardiology/>

<http://embryology.med.unsw.edu.au/Medicine/ILPheart.htm>

<http://www.mayoclinic.org/patientinfo/>

<http://www.heart-vessels.com/cardiovascular-diseases/>

<http://www.childrenshospital.org/cfapps/mml/>