

TRAINING TOOLS: ALCOHOL USE, PREGNANCY, AND FETAL ALCOHOL SYNDROME/ FETAL ALCOHOL SPECTRUM DISORDERS

- In July, 2004, the *National Center on Birth Defects and Developmental Disabilities, Centers for Disease Control and Prevention (CDC), in coordination with the National Task Force on Fetal Alcohol Syndrome and Fetal Alcohol Effect*, released the publication, “*Fetal Alcohol Syndrome: Guidelines for Referral and Diagnosis.*” The primary goal of these guidelines is to provide standard diagnostic criteria for FAS so that consistency in the diagnosis can be established for clinicians, scientists, and service providers. The guidelines are based on state-of-the-art scientific research, clinical expertise, and family input regarding the physical and neuropsychological features of FAS. In addition, guidance about medical, educational, social, and family services appropriate for individuals with FAS and their families is reviewed. These guidelines are available electronically or to order from CDC’s Fetal Alcohol Syndrome Prevention Team at <http://www.cdc.gov/ncbddd/fas>
- The following training tools are available from the *Fetal Alcohol Spectrum Disorders Center for Excellence, Substance Abuse and Mental Health Services Administration (SAMHSA)*. For more information about these materials and other helpful information, visit their website at <http://www.fascenter.samhsa.gov> This site includes an Information Resource Center and a searchable database of journal articles, videos, books, and other health education and health communications materials.

1. Alcohol Screening and Brief Intervention in Clinical Settings

Authors/Date: Fleming, M. and Manwell, L. (2000)

Publisher: University of Wisconsin-Madison (Madison, Wisconsin)

Available from: Research Society on Alcoholism <http://www.rsoa.org/lectures/03/03.pdf>

Price: Free

Description: Aims to review alcohol screening, assessment, and intervention activities in medical situations.

2. Alcohol use and its medical consequences: A comprehensive teaching program for biomedical education (Unit 5: Pregnancy and the Fetal Alcohol Syndrome)

Authors/Date: Streissguth, A. and Little, R. (1994)

Publisher: Milner-Fenwick, Inc. (Timonium, Maryland)

Available from: Milner-Fenwick, Inc. 1-800-432-8433

Price: \$180

Description: Slide-lecture show covering the effects of maternal drinking on fetal development.

3. Diagnosis and treatment of alcohol dependence

Authors/Date: Zweben, A. (2000)

Publisher: University of Wisconsin-Milwaukee (Milwaukee, Wisconsin)

Available from: Research Society on Alcoholism <http://www.rsoa.org/lectures/04/04.pdf>

Price: Free (online)

Description: Presents current affairs and devices in diagnosing and treating alcohol dependence

4. Economic Costs of Fetal Alcohol Syndrome

Authors/Date: Harwood, R. (2003)

Publisher: The Lewin Group (Fairfax, Virginia)

Available from: SAMHSA's Fetal Alcohol Spectrum Disorders Center for Excellence

<http://fascenter.samhsa.gov/pdf/RickHarwoodPresentation.pdf>

Price: Free (online)

Description: In May 2003, SAMHSA's FASD Center for Excellence convened the first-ever "Building FASD State Systems" meeting in Arlington, Virginia. Attendees came from 49 States, the District of Columbia, and Puerto Rico. The meeting provided an unprecedented opportunity to network and share experiences in addressing FASD. Participants included FASD State coordinators and others from diverse areas such as public health, maternal and child health, mental health, substance abuse, and developmental disabilities.

5. FAS prevention: Training for substance abuse counselors

Authors: Gillen, P.

Publisher: Colorado AHEC: U. of Co. Health Science Center (Aurora, Colorado)

Available from: Colorado AHEC

Price: N/A

Description: PowerPoint presentation concerning training for substance abuse counselors.

6. Fetal Alcohol Syndrome

Authors: Riley, E. (2000)

Publisher: San Diego State University (San Diego, California)

Available from: Research Society on Alcoholism <http://www.rsoa.org/lectures/07/07.pdf>

Price: Free (online)

Description: Consists of 25 slides and notations on the severe effects of FAS/E and the prevention mechanism.

7. Loss and grieving in FAS as an ongoing process: Understanding the issues and providing interventions

Authors: Dubovsky, D. (2001)

Publisher: MCP Hahnemann U., Behavioral Healthcare Education

Available from: FASD Center for Excellence <http://www.fascenter.samhsa.gov>

Price: Free

Description: Explains the phenomena of loss and grieving with regard to cultures and societies. Includes several modules for help with instruction.

8. Primary Prevention

Authors/Date: Kaskutas, L. (2000)

Publisher: Public Health Institute (Berkeley, California)

Available from: Research Society on Alcoholism <http://www.rsoa.org/lectures/02/02.pdf>

Price: Free (online)

Description: Consists of 25 slides and notations on importance of and ways to prevent alcohol abuse.